



ULTIMATE KARATE FIGHTERS BOOT CAMP AND RANDORI EVENT

FRIDAY 27 TO SUNDAY 29 JULY 2018

Three days of intense kumite training led by Wayne Otto OBE. Featuring Elisa Au Fonseca, Alexandre Biamonti and special guest trainers.

FOR JUST £125

Book your place now at kent.ac.uk/sports/karatecamp



10karateclash.com



KARATE
TOKYO
2020

ULTIMATE
KARATE FIGHTERS
BOOT CAMP



#TrainFightWinRepeat

In partnership with

University of

Kent | SPORT

“ELITE QUALITY ATHLETES, TRAINING WITH ELITE QUALITY TRAINERS, PRODUCING ELITE RESULTS”

Wayne Otto OBE, nine times World and European Champion and Britain's most successful Karate athlete, invites you to join him at the fourth Ultimate Karate Fighters Boot Camp, in partnership with the University of Kent in Canterbury.



ALEXANDRE BIAMONTI
Six times World and 19 times European Champion and National coach for France



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BOOT CAMP



ELISA AU FONSECA
Three times World Champion and four times Pan American Champion



RAIK TIETZE
World Jiu-Jitsu Champion and Plyometric and Cross Trainer Expert



GREG FRANCIS
World Champion Silver medalist and Fit2Fite Founder and Trainer



ALBERT FORESYTHE
Sprint Trainer and England International

THE ELITE YOUTH BOOT CAMP IS OPEN TO ATHLETES AGED 10 TO 13 YEARS OLD.

The price for the one-day camp is £45, which includes four intense training sessions, one randori session and spectator entry to the Randori finals event*.

Spaces are limited, be sure to book early to secure your place at kent.ac.uk/sports/karatecamp.

**Booking essential. Takes place on Saturday 28 July at 6pm.*



THE FIRST ELITE YOUTH BOOT CAMP

SATURDAY 28 JULY 2018

An exclusive one-day camp striving to aid and develop potential champions in their hopes of competing in future Olympic Games.

FOR JUST £45

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