



ELITE KARATE LONDON

Proudly presents



4TH ELITE OPEN

INTERNATIONAL KARATE CHAMPIONSHIPS

BULETTIN N° 3

Sunday 21st October 2018

University of East London

SportsDock

4-6 University Way

London. E16 2RD

Trophies for 1st Place

Certificates and Bespoke Medals awarded to 1st 2nd & joint 3rd Place

Quality trophies for the top 3 most successful clubs

Competition details :

Chief Referee: Mr. MARIAN URLUESCU from Romania

[WKF World Kumite Judge B / EKF European Kata Judge B]

Doors Open: 08:45

Start competition: 09:30 (Approx.)

Finish competition: 17:00 (Approx.)

Running the competition at 6 areas.

Entry Fees :

Individual Kata - £15	Individual Kumite - £15
Pairs Kata - £20	Team Kumite - £30
Kickmaster - £15	Spectators - £10

***Closing date for entries extended:
Thursday 18th October 2018. Limited entries!***

INDIVIDUAL KATA Events

Cat No	INDIVIDUAL KATA EVENTS			Level	Age Group
***		Para-Kata	Female	Learning Disabilities	All Ages
***		Para-Kata	Female	Wheelchair	All Ages
***		Para-Kata	Female	Blind and Visually Impaired	All Ages
***		Para-Kata	Male	Learning Disabilities	All Ages
***		Para-Kata	Male	Wheelchair	All Ages
***		Para-Kata	Male	Blind and Visually Impaired	All Ages
1	Children	Kata	Female	OPEN	U8 yrs
2	Children	Kata	Male	OPEN	U8 yrs
3	Children	Kata	Female	Beginners	U10 yrs
4	Children	Kata	Female	OPEN	U10 yrs
5	Children	Kata	Male	Beginners	U10 yrs
6	Children	Kata	Male	OPEN	U10 yrs
7	Children	Kata	Female	Beginners	U12 yrs
8	Children	Kata	Female	OPEN	U12 yrs
9	Children	Kata	Male	Beginners	U12 yrs
10	Children	Kata	Male	OPEN	U12 yrs
11	Children	Kata	Female	Beginners	U14 yrs
12	Children	Kata	Female	OPEN	U14 yrs
13	Children	Kata	Male	Beginners	U14 yrs
14	Children	Kata	Male	OPEN	U14 yrs
15	Cadets	Kata	Female	OPEN	U16 yrs
16	Cadets	Kata	Male	OPEN	U16 yrs
17	Juniors	Kata	Female	OPEN	U18 yrs
18	Juniors	Kata	Male	OPEN	U18 yrs
19	Seniors	Kata	Female	OPEN	+16 yrs
20	Seniors	Kata	Male	OPEN	+16 yrs
21	Masters	Kata	Female	OPEN	+30 yrs
22	Masters	Kata	Male	OPEN	+30 yrs

PAIRS KATA Events

Cat No	PAIRS KATA EVENTS			Level	Age Group
23	Children	Kata	Female	OPEN	U10 yrs
24	Children	Kata	Male	OPEN	U10 yrs
25	Children	Kata	Female	OPEN	U14 yrs
26	Children	Kata	Male	OPEN	U14 yrs

KICKMASTER Events

Cat No	KICKMASTER EVENTS			Level	Age Group
27	Children	Kickmaster	Female	OPEN	U8 yrs
28	Children	Kickmaster	Male	OPEN	U8 yrs
29	Children	Kickmaster	Female	OPEN	U10 yrs
30	Children	Kickmaster	Male	OPEN	U10 yrs
31	Children	Kickmaster	Female	OPEN	U12 yrs
32	Children	Kickmaster	Male	OPEN	U12 yrs
33	Children	Kickmaster	Female	OPEN	U14 yrs
34	Children	Kickmaster	Male	OPEN	U14 yrs

INDIVIDUAL KUMITE Events

Cat No	INDIVIDUAL KUMITE EVENTS			Grade/Weight	Age Group
35	Children	Kumite	Female	Open	U6 yrs
36	Children	Kumite	Male	Open	U6 yrs
37	Children	Kumite	Female	Open	U8 yrs
38	Children	Kumite	Male	Open	U8 yrs
39	Children	Kumite	Female	-30 Kg	U10 yrs
40	Children	Kumite	Female	+30 Kg	U10 yrs
41	Children	Kumite	Male	-27 Kg	U10 yrs
42	Children	Kumite	Male	-32 Kg	U10 yrs
43	Children	Kumite	Male	+32 Kg	U10 yrs
44	Children	Kumite	Female	-35 Kg	U12 yrs
45	Children	Kumite	Female	-40 Kg	U12 yrs
46	Children	Kumite	Female	+40 Kg	U12 yrs
47	Children	Kumite	Male	-35 Kg	U12 yrs
48	Children	Kumite	Male	-40 Kg	U12 yrs
49	Children	Kumite	Male	+40 Kg	U12 yrs
50	Children	Kumite	Female	-42 Kg	U14 yrs
51	Children	Kumite	Female	-47 Kg	U14 yrs
52	Children	Kumite	Female	+47 Kg	U14 yrs
53	Children	Kumite	Male	-45 Kg	U14 yrs
54	Children	Kumite	Male	-50 Kg	U14 yrs
55	Children	Kumite	Male	+50 Kg	U14 yrs
56	Cadets	Kumite	Female	-54 Kg	U16 yrs
57	Cadets	Kumite	Female	+54 Kg	U16 yrs
58	Cadets	Kumite	Female	OPEN	U16 yrs
59	Cadets	Kumite	Male	-63 Kg	U16 yrs
60	Cadets	Kumite	Male	+63 Kg	U16 yrs
61	Cadets	Kumite	Male	OPEN	U16 yrs
62	Juniors	Kumite	Female	-59 Kg	U18 yrs
63	Juniors	Kumite	Female	+59 Kg	U18 yrs
64	Juniors	Kumite	Female	OPEN	U18 yrs
65	Juniors	Kumite	Male	-68 Kg	U18 yrs
66	Juniors	Kumite	Male	+68 Kg	U18 yrs
67	Juniors	Kumite	Male	OPEN	U18 yrs
68	Seniors	Kumite	Female	-55 Kg	+18 yrs
69	Seniors	Kumite	Female	-61 Kg	+18 yrs
70	Seniors	Kumite	Female	+61 Kg	+18 yrs
71	Seniors	Kumite	Female	OPEN	+18 yrs
72	Seniors	Kumite	Male	-67 Kg	+18 yrs
73	Seniors	Kumite	Male	-75 Kg	+18 yrs
74	Seniors	Kumite	Male	+75 Kg	+18 yrs
75	Seniors	Kumite	Male	OPEN	+18 yrs
76	Masters	Kumite	Female	OPEN	+30 yrs
77	Masters	Kumite	Male	OPEN	+30 yrs

TEAM KUMITE Events

Cat No	TEAM	KUMITE	EVENTS	Grade/Weight	Age Group
78	Children	Kumite	Female	OPEN	U10 yrs
79	Children	Kumite	Male	OPEN	U10 yrs
80	Children	Kumite	Female	OPEN	U12 yrs
81	Children	Kumite	Male	OPEN	U12 yrs
82	Children	Kumite	Female	OPEN	U15 yrs
83	Children	Kumite	Male	OPEN	U15 yrs
84	Juniors	Kumite	Female	OPEN	U18 yrs
85	Juniors	Kumite	Male	OPEN	U18 yrs
86	Seniors	Kumite	Female	OPEN	+18 yrs
87	Seniors	Kumite	Male	OPEN	+18 yrs

Rules for competition

- Doors Open at 08:45
- Referee Briefing at 09:00
- Coach Briefing 09:15
- Start competition 09:30 approx
- WKF Rules to be used throughout with slight modifications as listed below. Any additional rule amendments will be explained at coaches meeting prior to the event;
- All competitors to wear a clean white traditional Karate Gi, as per WKF Rules;
- Competitors age as on day of competition;
- Red and blue flags will be used;
- Red and blue belts are compulsory for all events;
- Incorrect entries will not be refunded and may not be re-allocated to correct divisions;
- Entries on the day, £20 for individual, £25 for pairs and £35 for teams.

KATA RULES :

- Beginners (Bellow 6th Kyu) - Kata permitted list : Junino Kata, Tenno Kata, Taikyoku Shodan or similar beginners kata from your style, Heian / Pinan / Geki-sai, will be allowed to repeat the same kata;
- Open - FREE KATA and must alternate between at least two kata except categories for Children U8yrs and Para Kata can be just 1 kata;
- Categories +14 yrs - WKF Rules (different Kata each round);
- Individual Kata Categories for 13yrs & Under to have both competitors perform simultaneously except finals;
- Pairs Kata Categories - 2 people perform Kata simultaneously (can repeat kata);
- **Competitors from Beginners category CAN NOT PARTICIPATE in OPEN category;**
- No repechage.

KICKMASTER RULES :

- This consists of each competitor simultaneously attacking their respective red or blue kick post. The competitor who is judged to have attacked with the most skill will be awarded the win. All Karate techniques can be used. Three flag system as in kata.
- Time - 30 seconds;
- Red & blue mitts compulsory;
- Shin foot protectors & red or blue belts optional;
- Putting down the dummy opponent (karate bag) will result in loss.

KUMITE RULES :

- Red and blue mitts, gum shields compulsory;
- WKF style shin foot protectors will be compulsory for all competitors 10yrs and over but would be desirable for those 9yrs and under;
- WKF style body armour is allowed but not compulsory (just under the GI can be);
- No white cotton protectors !
- 9yrs & Under - 60 seconds : No contact to the face/head/neck with any techniques, up to 10cm scoring distance from the face/head. Win by getting 6 points clear.
- 13yrs & Under - 90 seconds : No contact to the face/head/neck with any techniques, up to 10cm scoring distance from the face/head. Win by getting 8 points clear.
- 14yrs & Over : WKF Rules, no repechage;
- Team Kumite - may be composed from 2, 3 or 4 competitors.
- In Team Kumite all members of the team must be from the same club/association.
- The organizer or Chief Referee can change the fighting time if is necessary due to categories delayed.
- No repechage.

IMPORTANT Rules for Parents & Spectators

Entry to this competition is on the understanding that ALL parents and students accept the following rules. If you do not agree, or think them unreasonable then speak to the organiser BEFORE the event and BEFORE submitting entries.

- Parents & Spectators CANNOT approach any of the officials tables UNDER ANY CIRCUMSTANCES. (Please speak to your club coach who will notify the necessary people).
- **NO PROTEST** will be allowed concerning referees decisions by **ANYONE**, under **ANY** circumstances. The competition is run in good faith and we'll all be doing our very best throughout the day!
- Any discourteous behaviour towards other competitors / officials / parents **WILL** result in disqualification from this and future events.
- Infringements of any of these rules may lead to competitors / teams being disbarred from this and future events.
- Students / Parents and Coaches are asked to **KNOW THE RULES** and respect the spirit of them.
- Rules can be downloaded from <http://www.wkf.net/ksport-rules-regulations.php>

- Entry to the event is on the understanding that the organisers and owners of the venue accept no responsibility or liability for any injury or loss that may result from or arise from the event.
- All competitors must bring their licence with them as they may be checked at any point throughout the day.

Please Note:

- In any Categories if there are less than 3 competitors Organizer can merge or cancel the categories.
- Every endeavour will be made to keep to stipulated categories, however, we reserve the right to change or cancel any categories without prior notice.
- It is the Coaches responsibility to insure that all Competitors are fully licensed and insured.
- All details should be included regarding each competitor relevant to their category(ies) **including, grade, weight where relevant and date of birth**. Please don't put us in an awkward position by having to refuse your entry and please DO NOT put competitors into events that they are not eligible for.
- Coaches and parents please keep children under control and do not allow them to cause a nuisance to other Leisure Centre users. Coaches need to be aware that if any member of their delegation is found to be creating problems this may jeopardise their team's entry and, worse case scenario, earn a shikkaku for their squad.

Students can ONLY enter categories in their weight and age group except where they have OPEN Kumite category.

BACS PAYMENTS to **Barclays** Bank :

Name : **Elite Sports Academy**

Sort Code: **20-53-04,**

Account No. **70790702**

Reference : **Name of the club**

International Payments: SWIFTBIC BUKBGB22 - IBAN: GB23BUKB20530470790702

Cheques payments payable to ELITE SPORTS ACADEMY , send to :
**ELITE Karate Club London, 30 Empress Parade, Chingford Road,
London, E4 8SL.**

Payment: Entry fees must be received **in advance** of the event. If paying by BACS, please ensure that you have an identifying reference against your payment i.e. Club/Association Name. Please also provide a receipt or confirmation of your BACS payment to info@elitekarateclub.net

Closing Date for Entries Extended: Thursday 18th October
Limited entries!

JUST Electronic entries with text message confirmation :
info@elitekarateclub.net / +44 7438 052 254

Accommodation:

Please note you need to book your own accommodation, here you have some options:

Travelodge London Excel : 1 miles away from venue
(Can accommodate 2 adults and 2 children in 1 room)
Address: 1016 Dockside Road E16 2FQ, United Kingdom
Sat nav postcode: E16 2QT
Tel: +44 08719 846298
<https://www.travelodge.co.uk/hotels/553/London-Excel-hotel>

Travelodge London City Airport : 1 miles away from venue
(Can accommodate 2 adults and 2 children in 1 room)
Address: 1 Connaught Road, London E16 2DB, United Kingdom
Tel: 08719 846290
<https://www.travelodge.co.uk/hotels/294/London-City-Airport-hotel>

Travelodge London Docklands : 1 miles away from venue
(Can accommodate 2 adults and 2 children in 1 room)
Address: Coriander Avenue, Off East India Dock Road, London E14 2AA
Sat nav postcode: E14 2AX
Tel: 08719 846192
<https://www.travelodge.co.uk/hotels/45/London-Docklands-hotel>

Holiday Inn Express : London - ExCeL : 1 miles away from venue
(Can accommodate 2 adults and 2 children in 1 room)
Address: 1018 Dockside Road , London, E16 2FQ , United Kingdom
Tel: 00 44 0871 423 4896
<https://www.ihg.com/holidayinnexpress/hotels/gb/en/london/lonxc/hoteldetail>

For additional information please telephone **VASILE MUNTEANU**
on **00 44 7438 052 254** or e-mail **info@elitekarateclub.net**

Please note that every Head Coach will receive 10% cash back on the day from the total cost entries just if you send your entries and payment before Monday 8th October.

As the closing date for entries was extended, the coaches will not receive anymore 10% back!

ENGLISH KARATE



FEDERATION



*Please note that this competition is open to members of the English Karate Federation or members of other WKF affiliated national governing bodies and competitors not in contravention of WKF statute 21.9 only. Licence checks will be carried out on the day and competitors are reminded that a valid **EKF/WKF** licence must be presented upon request of the organising body or its representative, failure to do so may result in entry being denied.*