

Manchester Youth Karate Open Championships

Saturday 3rd November 2018

Powerleague Trafford Sportsdome
Trafford Way, Stretford, Manchester, M17 8DD
(1 minute off junction 10 M60, Trafford Centre turn off)



Entry closing date Sunday 28th October 2018

Entry will be capped, so please enter competitors early to avoid disappointment.

Competition organiser: Ian Swain 7th Dan
Contact number: 07812 351 831
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Kata

Code	Age	Grade	Gender	Rules
KA1	7 years & under	Open	mixed	Heian/Pinan – minimum of 1 kata
KA2	8-9 years	10 th – 7 th kyu	mixed	Heian/Pinan – minimum of 1 kata
KA3	8-9 years	6 th – 4 th kyu	mixed	Heian/Pinan – minimum of 2 kata
KA4	8-9 years	3 rd kyu & above	mixed	Any kata – minimum of 2 kata
KA5	10-11 years	10 th – 7 th kyu	Boys	Heian/Pinan – minimum of 1 kata
KA6	10-11 years	10 th – 7 th kyu	Girls	Heian/Pinan – minimum of 1 kata
KA7	10-11 years	6 th – 4 th kyu	Boys	Heian/Pinan – minimum of 2 kata
KA8	10-11 years	6 th – 4 th kyu	Girls	Heian/Pinan – minimum of 2 kata
KA9	10-11 years	3 rd kyu & above	Boys	Any kata – minimum of 2 kata
KA10	10-11 years	3 rd kyu & above	Girls	Any kata – minimum of 2 kata
KA11	12 – 13 years	10 th – 4 th kyu	Boys	Heian/Pinan – minimum of 2 kata
KA12	12 – 13 years	10 th – 4 th kyu	Girls	Heian/Pinan – minimum of 2 kata
KA13	12 – 13 years	3 rd kyu & above	Boys	Any kata - different each round
KA14	12 – 13 years	3 rd kyu & above	Girls	Any kata - different each round
KA15	14 – 15 years	10 th – 4 th kyu	Boys	Heian/Pinan – minimum of 2 kata
KA16	14 – 15 years	10 th – 4 th kyu	Girls	Heian/Pinan – minimum of 2 kata
KA17	14 – 15 years	3 rd kyu & above	Boys	Any kata - different each round
KA18	14 – 15 years	3 rd kyu & above	Girls	Any kata - different each round
KA19	16 – 17 years	10 th – 4 th kyu	Boys	Heian/Pinan – minimum of 2 kata
KA20	16 – 17 years	10 th – 4 th kyu	Girls	Heian/Pinan – minimum of 2 kata
KA21	16 – 17 years	3 rd kyu & above	Boys	Any kata - different each round
KA22	16 – 17 years	3 rd kyu & above	Girls	Any kata - different each round

Pair Kata

Code	Age	Grade	Gender	Rules
KA23	7 years & under	Open	mixed	Heian/Pinan – minimum of 1 kata
KA24	8 – 12 years	10 th – 4 th kyu	mixed	Heian/Pinan – minimum of 1 kata
KA25	8 – 12 years	3 rd kyu & above	mixed	Any kata – minimum of 1 kata
KA26	13 – 17 years	10 – 4 th kyu	mixed	Heian/Pinan – minimum of 1 kata
KA27	13 - 17 years	3 rd kyu & above	mixed	Any kata – minimum of 1 kata

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Kick-Master

Code	Age	Grade	Gender	Rules
KM28	4 – 6 years	Open	Boys	30 second continuous
KM29	4 – 6 years	Open	Girls	30 second continuous
KM30	7 – 8 years	Open	Boys	30 second continuous
KM31	7 – 8 years	Open	Girls	30 second continuous
KM32	9 - 10 years	Open	Boys	30 second continuous
KM33	9 - 10 years	Open	Girls	30 second continuous

Kumite

Code	Age	Grade	Gender	Weight	Rules
KU34	7 years & under	Open	Boys	n/a	6 points clear, 1 min 30 sec
KU35	7 years & under	Open	Girls	n/a	6 points clear, 1 min 30 sec
KU36	8 – 9 years	10 th – 5 th kyu	Boys	n/a	6 points clear, 1 min 30 sec
KU37	8 – 9 years	10 th – 5 th kyu	Girls	n/a	6 points clear, 1 min 30 sec
KU38	8 – 9 years	4 th & above	Boys	n/a	6 points clear, 1 min 30 sec
KU39	8 – 9 years	4 th & above	Girls	n/a	6 points clear, 1 min 30 sec
KU40	10 – 11 years	10 th – 7 th kyu	Boys	n/a	8 points clear, 1 min 30 sec
KU41	10 – 11 years	10 th – 7 th kyu	Girls	n/a	8 points clear, 1 min 30 sec
KU42	10 – 11 years	6 th – 4 th kyu	Boys	n/a	8 points clear, 1 min 30 sec
KU43	10 – 11 years	6 th – 4 th kyu	Girls	n/a	8 points clear, 1 min 30 sec
KU44	10 – 11 years	3 rd kyu & above	Boys	n/a	8 points clear, 1 min 30 sec
KU45	10 – 11 years	3 rd kyu & above	Girls	n/a	8 points clear, 1 min 30 sec
KU46	12 – 13 years	10 th – 4 th kyu	Boys	n/a	8 points clear, 1 min 30 sec
KU47	12 – 13 years	10 th – 4 th kyu	Girls	n/a	8 points clear, 1 min 30 sec
KU48	12 – 13 years	3 rd & above	Boys	n/a	8 points clear, 1 min 30 sec
KU49	12 – 13 years	3 rd & above	Girls	n/a	8 points clear, 1 min 30 sec
KU50	14 – 15 years	Open	Boys	-58kg	8 points clear, 1 min 30 sec
KU51	14 – 15 years	Open	Boys	-65kg	8 points clear, 1 min 30 sec
KU52	14 – 15 years	Open	Boys	+65kg	8 points clear, 1 min 30 sec
KU53	14 – 15 years	Open	Girls	-54kg	8 points clear, 1 min 30 sec
KU54	14 – 15 years	Open	Girls	+54kg	8 points clear, 1 min 30 sec
KU55	16 – 17 years	Open	Boys	-68kg	8 points clear, 1 min 30 sec
KU56	16 – 17 years	Open	Boys	+68kg	8 points clear, 1 min 30 sec
KU57	16 – 17 years	Open	Girls	-56kg	8 points clear, 1 min 30 sec
KU58	16 – 17 years	Open	Girls	+56kg	8 points clear, 1 min 30 sec

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Team Kumite

Code	Age	Grade	Gender	Weight	Rules
KU62	9 years & under	Open	Boys	n/a	3 person team
KU63	9 years & under	Open	girls	n/a	3 person team
KU64	10 – 11 years	Open	Boys	n/a	3 person team
KU65	10 – 11 years	Open	girls	n/a	3 person team
KU66	12 – 13 years	Open	Boys	n/a	3 person team
KU67	12 – 13 years	Open	girls	n/a	3 person team
KU68	14 – 15 years	Open	Boys	n/a	3 person team
KU69	14 – 15 years	Open	girls	n/a	3 person team
KU70	16 – 17 years	Open	Boys	n/a	3 person team
KU71	16 – 17 years	Open	girls	n/a	3 person team

Please note

Any under-subscribed categories may be merged with another or cancelled and any oversubscribed categories may be split without prior notice at the discretion of the event organiser.

The organisers reserve the right to amend/alter any rules without prior notice.

All clubs must note the following

This competition is open to any club or association in compliance with the rules and regulations of World Karate Federation. Any club / association not in direct membership to the EKF or equivalent must declare to the effect that they do not belong to an opposing world body in contravention of WKF statute 21.9.

Individual kata rules

KA1 - KA2 - KA5 - KA6

Heian/Pinan/Kihon Kata only, may repeat the same Kata each round, two competitors performing simultaneously.

KA3 - KA7 - KA8 – KA11 – KA12 – KA15 – KA16 – KA19 – KA20

Heian/Pinan Kata only, minimum of two katas must alternate each round, two competitors performing simultaneously.

KA4 – KA9 – KA10

Any kata may be performed, minimum of two katas must alternate each round, two competitors performing simultaneously.

KA13 – KA14 – KA17 - KA18 - KA21 - KA22

Any kata may be performed, different kata each round, competitors performing Individually.

Pair kata rules

KA23 – KA24 – KA26

Heian/Pinan Kata only, may repeat the same Kata each round.

KA25 – KA27

Any Kata, may repeat the same Kata each round.

Kick-Master rules

This consists of each competitor simultaneously attacking their respective red or blue Kick-Masters for a duration of 30 seconds. The competitor who is judged to have performed with the higher work rate and technical ability, will be awarded the win. All Karate techniques can be used, a three-flag system majority wins the bout.

Kumite rules

WKF Rules will be in effect on all areas with *some* possible amendments at the discretion of the Chief Referee Sensei Peter Bibby, kumite competitors must compete within their own age categories. No Repechage.

9 years & Under **KU34 – KU35 – KU36 – KU37 – KU38 – KU39 – Team**

No contact to the face/head/neck with ANY techniques, up to 10cm scoring distance from the face/head. Win by getting 6 points clear. 1 minute 30 seconds duration. (*Shin and foot optional*)

10 - 11 years, 12 - 13years **KU40 – KU41 – KU42 – KU43 – KU44 – KU45 – KU46 – KU47 – KU48 – KU49 - Team**

No contact to the face/head/neck with ANY techniques, up to 10cm scoring distance from the face/head. Win by getting 8 points clear. 1 minute 30 seconds duration. (*Shin and foot optional*)

14 – 15yrs **KU50 – KU51 – KU52 – KU53 – KU54 – Team**

WKF Rules, NO contact to the face/head/neck, up to 10cm scoring distance from the face/head. Light 'skin touch' with kicking techniques. Win by getting 8 points clear, 1 minute 30 seconds duration. (*Shin and foot compulsory*)

16 – 17yrs **KU55 - KU56 – KU57 – KU58 - Team**

WKF Rules, NO contact to the face/head/neck up to 10cm scoring distance from the face/head. Light 'skin touch' with kicking techniques. Win by getting 8 points clear, 1 minute 30 seconds duration. (*Shin and foot compulsory*)

The organisers reserve the right to amend/alter these rules without prior notice.

Essential equipment

Gum Shield Must be worn in all Kumite bouts & fit correctly

Hand Mitts Must be worn in all Kumite bouts,

WKF style (they don't have to have the WKF stamp on them), red or blue only.

Shin pads WKF style shin OR WKF style shin & removable foot, red or blue only (No elastic type) COMPULSORY for everyone 10 years and above.

Karate Suit White only, sleeves MUST NOT be rolled up

Belts Competitors should bring their own red & blue belts.

Chest Guard Must fit correctly and is COMPULSORY for female competitors 14 years and above

Other

Groin Guard WKF approved guards MAY be worn

Body Protector WKF style protector MAY be worn

Face Masks Please note that Face Masks are prohibited

Long Hair Must be tied back with no distracting features

Hair Clips NO METAL hair clips may be worn in ANY events (This INCLUDES all Kata events!)

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Licence check

Licence checks will be done at the discretion of the event organiser, failure to produce a valid licence when requested will mean disqualification from all categories. Instructors please make sure that all your competitors have sufficient/suitable licence insurance cover. Please don't forget them!

Weight checks

Please note that weigh-in for 14 years & above competitors will be from 12noon. The organisers reserve the right to refuse entry to competitors failing to make their weight sections, with no refund offered. Competitors must wear their Karate suit for weight checks. It is the responsibility of coaches to ensure competitors are entered in their correct age & weight sections.

Submitting entries

Please use the official entry form for submitting ALL entries, this is available in PDF, MS Word and Exel format. Please ensure all forms are filled out correctly with **correct date of birth, grades, category numbers, weights, where relevant**, as we can't process entries without this information. It is the responsibility of coaches to ensure competitors are entered into their correct category.

Note: Competitors are only able to compete in the section that your age dictates on the day of the competition.

Please submit entries electronically providing all relevant information, subscription to be paid in advance via BACS to minimise admin on the day.

Important information for all competitors

Approximate arrival time

Registration from	- 8.30am
Coaches meeting	- 9.15am
Pair Kata	- 9.30am
Individual kata	- 10.00am
Individual kumite	- 1.00pm
Team kumite	- will run after Individual categories
Finish	- Approximately 6.00pm

The exact timings will ultimately depend upon the number of competitor entries, so please ensure you arrive in plenty of time for your categories.

Running order

Pair Kata
Individual Kata
Kick-Master
Individual Kumite
Team Kumite

Competition fees

Individual Kata £15.00
Individual Kumite £15.00
Kick Master £6.00
3 Person Team Events £21.00
Pair's Team Events £16.00
Spectators - Adults, 16yrs+ £5.00
Spectators – Children Free

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