



**Shito Ryu Karate Federation
of England**
Proudly presents

空手道

糸東流

**6TH OPEN SHITO RYU
KARATE CHAMPIONSHIPS**

BULLETIN N° 2

Sunday 19th March 2023

**Harlow Leisurezone
Harlow, Essex CM20 3DT**

Quality Trophies for 1st Place
Quality medals awarded to 1st 2nd & joint 3rd Place

Entry Fees:

Individual Kata £25
Individual Kumite £25
Kickmaster £15
Team Kumite - £40

Spectator Fee: £10

For entry form contact us at
info@elitekarateclub.net / +44 7438 052 254

Closing date for entries: Monday 6th March 2023

SHITO RYU Kata Events

<u>Cat No</u>	<u>Gender</u>	<u>Age</u>
01	Female	7yrs & under
02	Male	7yrs & under
03	Female	8-9yrs
04	Male	8-9yrs
05	Female	10-11yrs
06	Male	10-11yrs
07	Female	12-13yrs
08	Male	12-13yrs
09	Female	14-15yrs
10	Male	14-15yrs
11	Female	16-17yrs
12	Male	16-17yrs
13	Female	+16yrs
14	Male	+16yrs
15	Female	+35yrs
16	Male	+35yrs

All styles Kata Events

<u>Cat No</u>	<u>Gender</u>	<u>Age</u>
001 – Para Kata	Mixed	All Ages
17	Female	7yrs & under
18	Male	7yrs & under
19	Female	8-9yrs
20	Male	8-9yrs
21	Female	10-11yrs
22	Male	10-11yrs
23	Female	12-13yrs
24	Male	12-13yrs
25	Female	14-15yrs
26	Male	14-15yrs
27	Female	16-17yrs
28	Male	16-17yrs
29	Female	+16yrs
30	Male	+16yrs
31	Female	+35yrs
32	Male	+35yrs

KICKMASTER Events

<u>Cat No</u>	<u>Gender</u>	<u>Age</u>
33	Female	7yrs & under
34	Male	7yrs & under
35	Female	8-9yrs
36	Male	8-9yrs
37	Female	10-11yrs
38	Male	10-11yrs
39	Female	12-13yrs
40	Male	12-13yrs

KUMITE Events

<u>Cat No</u>	<u>Gender</u>	<u>Age</u>	<u>Weight</u>
41	Female	7yrs & under	-22Kg
42	Female	7yrs & under	+22Kg
43	Male	7yrs & under	-22Kg
44	Male	7yrs & under	+22Kg
45	Female	8-9yrs	-27Kg
46	Female	8-9yrs	+27Kg
47	Male	8-9yrs	-27Kg
48	Male	8-9yrs	-32Kg
49	Male	8-9yrs	+32Kg
50	Female	10-11yrs	-37Kg
51	Female	10-11yrs	+37Kg
52	Male	10-11yrs	-36Kg
53	Male	10-11yrs	-43Kg
54	Male	10-11yrs	+43Kg
55	Female	12-13yrs	-42Kg
56	Female	12-13yrs	-48Kg
57	Female	12-13yrs	+48Kg
58	Male	12-13yrs	-44Kg
59	Male	12-13yrs	-50Kg
60	Male	12-13yrs	+50Kg
61	Female	14-15yrs	-54Kg
62	Female	14-15yrs	+54Kg
63	Female	14-15yrs	OPEN
64	Male	14-15yrs	-57Kg
65	Male	14-15yrs	-63Kg

66	Male	14-15yrs	+63Kg
67	Male	14-15yrs	OPEN
68	Female	16-17yrs	-53Kg
69	Female	16-17yrs	-59Kg
70	Female	16-17yrs	+59Kg
71	Female	16-17yrs	OPEN
72	Male	16-17yrs	-61Kg
73	Male	16-17yrs	-68Kg
74	Male	16-17yrs	+68Kg
75	Male	16-17yrs	OPEN
76	Female	+18yrs	-61Kg
77	Female	+18yrs	+61Kg
78	Female	+18yrs	OPEN
79	Male	+18yrs	-67Kg
80	Male	+18yrs	-75Kg
81	Male	+18yrs	+75Kg
82	Male	+18yrs	OPEN
83	Female	+35yrs	OPEN
84	Male	+35yrs	OPEN

Team KUMITE Events

<u>Cat No</u>	<u>Gender</u>	<u>Age</u>
85	Female	7yrs & under
86	Male	7yrs & under
87	Female	8-9yrs
88	Male	8-9yrs
89	Female	10-11yrs
90	Male	10-11yrs
91	Female	12-13yrs
92	Male	12-13yrs
93	Female	14-15yrs
94	Male	14-15yrs
95	Female	16-17yrs
96	Male	16-17yrs
97	Female	+18yrs
98	Male	+18yrs

Details and Rules

- Organisers: Shito Ryu Karate Federation of England & Elite Karate Club London
- Doors Open at 8am
- Referee Briefing at 8:15am
- Coach Briefing 8:30am
- Start competition: 9am
- Running the competition at 6 areas 8x8m
- WKF Rules to be used throughout with slight modifications as listed below. Any additional rule amendments will be explained at coaches meeting prior to the event;
- All competitors to wear a clean white traditional Karate Gi, as per WKF Rules;
- Competitors age as on day of competition;
- Red and blue belts are compulsory for all events;
- Wristbands for Coaches, without a wristband you are not allowed close to the tatami(s);
- Wristbands for Competitors, without a wristband you are not allowed close to the tatami(s);
- Incorrect entries will not be refunded and may not be re-allocated to correct divisions; Entries on the day, £30 for any ind., £50 for teams.

KATA RULES:

- Red & Blue flags will be used;
- Shito Ryu Kata events – only Shito ryu kata allowed
- 7yrs & Under – Heian / Pinan Kata or similar beginners kata from your style – can repeat the kata
- 8-9yrs – Any kata, minimum 2 Kata (A-B-A-B);
- 10-11yrs & 12-13yrs old – Any kata, minimum 2 Kata (A-B-A-B);
- 14yrs & Over - (different Kata Each Round)
- Individual Kata Categories for 13yrs & Under to have both competitors perform simultaneously;
- No repechage.

KICKMASTER RULES :

- This consists of each competitor simultaneously attacking their respective red or blue kick post. The competitor who is judged to have attacked with the most skill will be awarded the win. All Karate techniques can be used. Three flag system as in kata.
- Time - 30 seconds;
- Red & blue mitts, red & blue belts compulsory;
- Shin foot protectors optional;
- Putting down the dummy opponent (karate bag) will result in loss.

KUMITE RULES :

- Red and blue mitts, gum shields compulsory, No white cotton protectors!
- WKF style shin foot protectors will be compulsory for all competitors 10yrs and over but would be desirable for those 9yrs and under;
- WKF body protector is optional and allowed inside or outside for 13yrs & Under
- WKF body protector mandatory for 14yrs & above
- 9yrs & Under - 60 seconds : No contact to the face/head/neck with any techniques, up to 10cm scoring distance from the face/head. Win by getting 6 points clear.
- 13yrs & Under - 90 seconds : No contact to the face/head/neck with any techniques, up to 10cm scoring distance from the face/head. Win by getting 8 points clear.

- 14yrs & Over : WKF Rules except the time, will be 2 minutes for all.
- Team Kumite - 2 or 3 competitors.
- In Team Kumite all members of the team must be from the same club/association.
- The organizer or Chief Referee can change the fighting time if is necessary due to categories delayed.
- No repechage

Students can ONLY enter categories in their age category.

IMPORTANT Rules for Parents & Spectators

Entry to this competition is on the understanding that ALL parents and students accept the following rules. If you do not agree, or think them unreasonable then speak to the organiser BEFORE the event and BEFORE submitting entries.

- Parents & Spectators CANNOT approach any of the officials tables UNDER ANY CIRCUMSTANCES. (Please speak to your club coach who will notify the necessary people).
- **NO PROTEST** will be allowed concerning referees decisions by **ANYONE**, under **ANY** circumstances. The competition is run in good faith and we'll all be doing our very best throughout the day!
- Any discourteous behaviour towards other competitors / officials / parents **WILL** result in disqualification from this and future events.
- Infringements of any of these rules may lead to competitors / teams being disbarred from this and future events.
- Students / Parents and Coaches are asked to **KNOW THE RULES** and respect the spirit of them.
- Rules can be downloaded from <http://www.wkf.net/ksport-rules-regulations.php>
- Entry to the event is on the understanding that the organisers and owners of the venue accept no responsibility or liability for any injury or loss that may result from or arise from the event.
- All competitors must bring their licence with them as they may be checked at any point throughout the day.
- Parents / Spectators or Coaches are not allowed to record / take photos to other people, except their children/family!
- Spectator wristbands should be worn at all times.
- We kindly advise you that the security team and the organizer of the competition has reserved the right to remove people who do not comply with the rules of competition, including spectators who are not polite or are found without spectators wristbands.

Please Note:

- In any Categories if there are less than 4 competitors Organizer can merge or cancel the categories.

- Every endeavour will be made to keep to stipulated categories, however, we reserve the right to change or cancel any categories without prior notice.
- It is the Coaches responsibility to insure that all Competitors are fully licensed and insured.
- All details should be included regarding each competitor relevant to their category(ies) **including, grade, weight where relevant and date of birth**. Please don't put us in an awkward position by having to refuse your entry and please DO NOT put competitors into events that they are not eligible for.
- Coaches and parents please keep children under control and do not allow them to cause a nuisance to other Leisure Centre users. Coaches need to be aware that if any member of their delegation is found to be creating problems this may jeopardise their team's entry and, worse case scenario, earn a shikkaku for their squad

BACS PAYMENTS to **Barclays** Bank (only 1 payment per club)

Name : **Elite Sports Academy LTD**

Sort Code: **20-53-04,**

Account No. **70790702**

Reference : **Name of the club**

International Payments: SWIFTBIC BUKBGB22 - IBAN: GB23BUKB20530470790702

Payment: Entry fees must be received **in advance** of the event. If paying by BACS, please ensure that you have an identifying reference against your payment i.e. Club/Association Name. Please also provide a receipt or confirmation of your BACS payment to info@elitekarateclub.net

Closing Date for Entries: Sunday 6th March 2023

Limited entries.

For additional information please telephone **VASILE MUNTEANU** on **00 44 7438 052 254** or e-mail info@elitekarateclub.net

**9th European Shito Ryu Karate Federation Championships
20th -21st May 2023 [Oradea, Romania]**

**2nd World Sport Shito Ryu Federation Championships
19th May 2023 [Oradea, Romania]**

Shito Ryu Karate Federation of England is the only Shito Ryu Karate Federation from England affiliated with European Shito Ryu Karate Federation and World Sport Shito Ryu Federation and in 2023 we will attend again with a strong Shito Ryu England squad for the 7th time the European Shito Ryu Karate Championships and for the 2nd time the World Sport Shito Ryu Federation Championships.

We have the option for EKF clubs or Independent Shito Ryu athletes / clubs to affiliate with us and to have the chance to represent Shito Ryu England at the European and World Level in Shito Ryu style and also to participate in our Shito Ryu National Championships in February.

In Kata events can participate just Shito Ryu competitors. In Kumite events can be competitors from different styles.

If you are interested and you want more details please contact us.

Vasile Munteanu
- President of SRKFE
shitoryuengland@gmail.com
07438 052 254

