

EKF E1-SERIES

MANCHESTER : 28.05.2023

Hosted by: Yanagi Kai Karate Association

George Carnall Community Hub,
Kingsway Park, Urmston
Manchester M41 7FJ



Entry closing date: Sunday 21st May 2023

Competition organiser: Ian Swain, 7th Dan

Contact number: 07812 351 831

Email: saledojo@hotmail.com



Kata

Code	Age	Grade	Gender	Rules
KA01	12-13 years	Open	Male	Any kata – minimum of 3 kata ABC (flags)
KA02	12-13 years	Open	Female	Any kata – minimum of 3 kata ABC (flags)
KA03	14-15 years	Open	Male	WKF rules
KA04	14-15 years	Open	Female	WKF rules
KA05	16-17 years	Open	Male	WKF rules
KA06	16-17 years	Open	Female	WKF rules
KA07	18 years plus	Open	Male	WKF rules
KA08	18 years plus	Open	Female	WKF rules

Para Kata

Code	Age	Grade	Gender	Rules
PK1	14 years plus	Open	Mixed	Visually Impaired # refer to rules
PK2	14 years plus	Open	Mixed	Intellectually Impaired A # refer to rules
PK3	14 years plus	Open	Mixed	Intellectually Impaired B # refer to rules
PK4	14 years plus	Open	Mixed	Intellectually Impaired C # refer to rules
PK5	14 years plus	Open	Mixed	Standing Class # refer to rules
PK6	14 years plus	Open	Mixed	Wheelchair Users # refer to rules

Team Kata

Code	Age	Grade	Gender	Rules
TKA1	14-17 years	Open	mixed	WKF rules
TKA2	18 years plus	Open	mixed	WKF rules

Kumite

Code	Age	Grade	Gender	Weight	Rules
KU01	12–13 years	Open	Boys	-45kg	8 points clear, 1 min 30 sec
KU02	12–13 years	Open	Boys	+45kg	8 points clear, 1 min 30 sec
KU03	12-13 years	Open	Girls	-43kg	8 points clear, 1 min 30 sec
KU04	12-13 years	Open	Girls	+43kg	8 points clear, 1 min 30 sec
KU05	14-15 years	Open	Male	-52kg	WKF rules – 2 minutes
KU06	14-15 years	Open	Male	-57kg	WKF rules – 2 minutes
KU07	14-15 years	Open	Male	-63kg	WKF rules – 2 minutes
KU08	14-15 years	Open	Male	-70kg	WKF rules – 2 minutes
KU09	14-15 years	Open	Male	+70kg	WKF rules – 2 minutes
KU10	14-15 years	Open	Girls	-47kg	WKF rules – 2 minutes
KU11	14-15 years	Open	Girls	-54kg	WKF rules – 2 minutes
KU12	14-15 years	Open	Girls	-61kg	WKF rules – 2 minutes
KU13	14-15 years	Open	Girls	+61kg	WKF rules – 2 minutes
KU14	16-17 years	Open	Male	-55kg	WKF rules – 2 minutes
KU15	16-17 years	Open	Male	-61kg	WKF rules – 2 minutes
KU16	16-17 years	Open	Male	-68kg	WKF rules – 2 minutes
KU17	16-17 years	Open	Male	-76kg	WKF rules – 2 minutes
KU18	16-17 years	Open	Male	+76kg	WKF rules – 2 minutes
KU19	16-17 years	Open	Female	-48kg	WKF rules – 2 minutes
KU20	16-17 years	Open	Female	-53kg	WKF rules – 2 minutes
KU21	16-17 years	Open	Female	-59kg	WKF rules – 2 minutes
KU22	16-17 years	Open	Female	-66kg	WKF rules – 2 minutes
KU23	16-17 years	Open	Female	+66kg	WKF rules – 2 minutes
KU24	Senior 18 years plus	Open	Male	-60kg	WKF rules – 3 minutes
KU25	Senior 18 years plus	Open	Male	-67kg	WKF rules – 3 minutes
KU26	Senior 18 years plus	Open	Male	-75kg	WKF rules – 3 minutes
KU27	Senior 18 years plus	Open	Male	-84kg	WKF rules – 3 minutes
KU28	Senior 18 years plus	Open	Male	+84kg	WKF rules – 3 minutes
KU29	Senior 18 years plus	Open	Female	-50kg	WKF rules – 3 minutes
KU30	Senior 18 years plus	Open	Female	-55kg	WKF rules – 3 minutes
KU31	Senior 18 years plus	Open	Female	-61kg	WKF rules – 3 minutes
KU32	Senior 18 years plus	Open	Female	-68kg	WKF rules – 3 minutes
KU33	Senior 18 years plus	Open	Female	+68kg	WKF rules – 3 minutes

All clubs must note the following.

This competition is open to any club or association in compliance with the rules and regulations of World Karate Federation. Any club / association not in direct membership to the EKF or equivalent must declare to the effect that they do not belong to an opposing world body in contravention of WKF statute 21.9.

Rules of the day

The doors will open at 8.00am and the event will start 9.00am prompt, athletes should aim to arrive at least one hour before they are scheduled to compete. Should the event run ahead of schedule category start times may be brought forward.

Competitor check-in will be carried out prior to each category starting.

Kata rules

With a view to smooth and timely running of this championships, Kata will be judged using the flags system for category **KA1-KA2**, 12-13 years boys/girls minimum of three katas, performed alternatively. AKA and AO will perform their Kata simultaneously i.e., on an area at the same time.

All kata members of team must be from the same club/association, WKF Rules will be in effect on all other categories, this will also be including Bunkai in team kata events.

Para kata rules

All para kata categories will be judged using the flags system.

PK1 - Blind/ Visually impaired – Blindfolds are required.

K11 Limited vision in both eyes: – Visual acuity ranges from 6/18 to light perception in the less-impaired eye.

K12 No sight in both eyes: – Blindness: No light perception.

PK2 - Intellectually impaired – A

K21 IQ of 75 or lower on standard tests, having originated before the age of 18. Evidence of significant limitations in adaptive behaviour as expressed in conceptual, social, and practical adaptive skills.

PK3 - Intellectually impaired – B

K22 intellectual impairment and Down Syndrome as caused by extra genetic material in chromosome 21'.

PK4 - Intellectually impaired – C

K23 Autism or autism spectrum disorder (ASD): A full-scale score of IQ of above 75, and/or no diagnosis of intellectual impairment (evidence of functioning cognitively at average or above average levels). A formal diagnosis of autism, ASD or Asperger's syndrome, carried out by a qualified practitioner using accepted diagnostic techniques.

PK5 - Standing Class

Restricted joints, muscle weakness or loss of limbs, co-ordination impairments (hypertonia, ataxia, athetosis) and short stature.

K40 Impairments in both arms in the shoulder and elbows. Impairments in one arm at the elbow or shoulder.

Impairments in both arms in the elbows and wrists. Impairments in one arm at the wrist or elbow or in the ankle and foot.

Co-ordination impairment in both legs. Coordination impairment or involuntary movements that affects both the arms and legs. Co-ordination impairments down one side of their body. Mild coordination difficulties.

Short stature (Adult standing height less than or equal to 145cm (males)/137cm (females); AND

Arm length less than or equal to 66cm (males)/63cm (females); AND Standing height plus arm length less than or equal to 200cm (males)/190cm (females).

PK6 - Wheelchair Users

(Hypertonia, ataxia, athetosis, limb deficiency, impaired range of movement, hemiplegia)

K30 Moderate involvement in both legs.

Coordination issues or involuntary movements affecting all four limbs. Moderate involvement on one side of their body.

Mild ataxia, athetosis, or dystonia in one arm and leg on the same side or both. Unilateral amputation above the knee up to the hip, or a combination of lower limb impairment/s with functional loss in one leg above the knee.

Unilateral amputation below the knee and above or through the ankle, or a combination of lower-limb impairments with functional loss in one foot, ankle and/or lower leg, or a leg-length difference of more than seven (>7 cm).

Wheelchair athletes with moderate to severe impairments (including coordination impairments) affecting all four limbs and the trunk. Upper limb strikes and wheelchair propulsion is difficult. Trunk control and muscle power is absent or poor.

Trunk control is limited and there may be no lower abdominal/spinal activity. Hand grasp, release and wheelchair propulsion may be symmetrical between the upper limbs, with little no limitation in execution of upper limb strikes. Trunk control is good.

For queries, please contact the EKF National Para Coach directly - Matt Handley on 07858 115031

email: para-karate@englishkaratefederation.com

Kumite rules

WKF Rules will be in effect on all areas with some possible amendments at the discretion of the Chief Referee Sensei Peter Bibby, kumite competitors must compete within their own age and weight categories.

We fully intend to have Repechage for Individual Kumite. However, the Chief Referee has the authority to withdraw repechage if the time frame becomes critical.

There will be spot weight checks in operation, any competitor found not to be the correct weight for the category they have entered will not be allowed to compete. We cannot move competitors to another weight category if they fail the weight checks.

In the unlikely event of low category entries, the organisers reserve the right to amalgamate categories.

Red/blue foot protection and hand mitts, as well as gum shields are compulsory for all, body protectors are compulsory, all females must wear a chest protector.

Coach dress code

Coaches must be in association tracksuits and clearly display their coaching ID badge. Inappropriate dress, as deemed by the Chief Referee, will be refused access to the competition area. Only coaches adhering to the correct dress code and in possession of a coaching pass will be allowed on the competition area.

Coach: Medical

We record every injury that gives us the slightest concern, however symptoms often occur after the incident and we would ask that the coach or representative informs the medical team of any concerns he or she has at the time of the incident, or any time after, no matter how trivial it may seem.

Insurance

It is the responsibility of each individual, or parent / guardian of a competitor if under 18 years of age, to have their own insurance cover for the event. Please advise your competitors accordingly regarding insurance cover. It is the responsibility of the clubs/coaches to ensure that all competitors are aware of this and have been advised of adequate cover. Association/club parental consent to compete is also required. This is the responsibility of the association.

Health and Safety issues have been discussed and we try to plan for every eventuality. However, this is a busy tournament and due care, and attention is required in all areas. Would all coaches/parents ensure that their children are properly chaperoned. Karate matches are performed in bare feet; please ensure proper footwear is used in the arena and surrounding areas, especially approaching the mats.

Disclaimer

Karate is a martial art and contact sport. People can and do get injured and we cannot accept responsibility for any such injury, loss or accident arising from your participation in our training, competitions or associated activities and ask that you are aware, agree and accept this by entering or giving permission to enter this event. We should also be notified, in writing, of any medical condition that may have relevance to their participation in Karate.

If you require any further information or assistance, then please contact the Tournament Organiser Ian Swain at saledojo@hotmail.com

Essential equipment

Gum Shield must be worn in all Kumite bouts & fit correctly.

Hand Mitts must be worn in all Kumite bouts. WKF style (they don't have to have the WKF stamp on them), red or blue only.

Shin pads WKF style shin OR WKF style shin & removable foot, red or blue only (No elastic type).

Karate Suit white only, sleeves MUST NOT be rolled up.

Competitors should bring their own red & blue belts.

Chest Guard must fit correctly and is COMPULSORY for female kumite competitors.

Other

Groin Guard WKF approved guards must be worn.

Body Protector WKF style protector must be worn.

Long Hair Must be tied back with no distracting features.

NO METAL hair clips may be worn in ANY events (This INCLUDES all Kata events!).

No Glasses to be worn.

Finals and Medals

Each category will run straight through to the final and medals will be announced and awarded on the mats immediately after each category.

Submitting entries

All entries are online only via Sportdata, for registration please visit: www.Sportdata.org It is the responsibility of coaches to ensure that all competitors are registered and are in the correct categories. Competitors are only allowed to compete in their own age/weight category and are not allowed to move up a category.

Entries will only be accepted via your coach/association and not from individuals.

Important information for all competitors

Approximate schedule:

Doors open	- 8:00am
Registration from	- 8:15am
Coaches meeting	- 8:45am
Individual kata	- 9:00am
Individual kumite	- 1:00pm (competitors must arrive hour before category is due to start)
Finish	- Approximately 7:00pm

The exact timings will ultimately depend upon the number of competitor entries, so please ensure you arrive in plenty of time for your categories.

Running order

Team Kata
Individual Kata
Individual Kumite

Competition fees

Individual Kata £25.00
Individual Kumite £25.00
Team Kata Events £30.00
Spectators - £10.00 under 5 free

Email: saledojo@hotmail.com

Contact: Ian Swain, 07812 351 831

Little Legs Entertainment Limited

BACS: Sort Code 16-12-11

Account No 10137461

Reference: Club/Association

All Competitors and Coaches Registration through Sportsdata

Entry closing date Sunday 21st May 2023

